

Neuromuscular Jaw Joint Disorders

Temporomandibular joints are the jaw joints and muscles used to close and open your mouth. TMJ disorders can originate from injury to the jaw and face regions, grinding teeth, biting problems, jaw clenching, whiplash, and even improper posture which can cause misalignment or damage to the joints. Pain can occur in the face, teeth, neck, shoulders, and back, plus pain might also come in the form of ear aches, • clicking in the jaw, and headaches.

Rheumatoid arthritis, which affects the joints in the body, can influence and cause degeneration of your Temporomandibular joints.

There are many forms of treatment including physical therapy, bite guards, and anti-inflammatory medication. In the more serious instances where there is chronic severe pain, surgery might be required.