

TMJ Specialist Penticton

Neuromuscular dentistry is the care of issues of TMJ or temporomandibular joint syndrome which is associated to the functioning amid the upper and lower teeth. This coming together of the upper and lower jaw is referred to as 'occlusion' or 'bite' and is part of a framework that comprises muscles, jaw joints and teeth.

If this framework is not properly balanced the muscular tissues may become overstimulated and overworked when they should be resting. This might bring about various symptoms or conditions to arise such as facial pain or neck pain, dizziness, headaches, ringing in the ears (tinnitus), grinding and clenching of the teeth and jaw, sensitivity to hot and cold stimulus, posture issues, insomnia, clicking, and jaw joint pain.

Neuromuscular dentistry seeks to lay foundation for a protected and balanced location for your jaw by focusing and establishing a better relationship between the jaw joints, muscles and teeth; the core factors affecting occlusion. When the entire process ensures a perfect dental stability, indicators will diminish drastically and could even fade away completely.

If you suffer from any number of the signs and symptoms of TMJ or if you are considering major dental treatment like dental reconstructions, aesthetic replacements, and dental orthodontics you may want to consider consulting your oral health doctor about neuromuscular therapy.