

Dental Emergencies Penticton

Accidents to the gums and teeth may be potentially critical dental emergencies if they are ignored. The risks of permanent damage are greater if these types of incidents are neglected for too long and they may well also necessitate more extensive procedures in the future to fix damage that may possibly have been attended to sooner.

This is a brief review of what to do for some regular oral health problems:

Toothaches - Step one is to completely rinse out your mouth with lukewarm water. By means of floss attempt to remove any lodged food jammed in the teeth and if there is any swelling of the mouth make an effort to put on a cold compress to the outside of the face or cheeks. Note - painkillers must not be positioned directly on the gums to relieve pain as they may burn the gum tissues.

Chips, Cracks, and breaks to a tooth - If you can, save any fragments of the broken tooth. Wash both your mouth and any cracked pieces with lukewarm water. If there's bleeding, apply a piece of gauze to the area for roughly 10 minutes or until the bleeding stops. Put on a cold compress to the outside of the mouth, cheek, or lip near the broken/chipped tooth to keep any inflammation down and relieve pain.

Knocked-out tooth - If you still have the tooth, grasp it by the crown (top of the tooth), and clean the tooth very gently in water to eliminate dirt and debris. Ensure that you don't scrub off or get rid of any of the attached tissue fragments. If possible, attempt to situate the tooth back in place. Be certain that it's facing the right way. Never force it into the socket. If it's not possible to reinsert the tooth into the socket, set the tooth in a small container of milk (or cup of water that consists of a pinch of salt, if milk is not obtainable). In all cases, see your oral health care provider as immediately as possible. Teeth that have been knocked out have a better probability to be saved if returned to their socket and seen by a dentist within one hour of being dislodged.

Partially dislodged or Extruded tooth - See your oral health doctor right away. Until you reach your dentist's facility, to relieve pain, apply a cold compress to the outer surface of the mouth or cheek in the affected site. Take an over-the-counter pain reliever similar to Tylenol or Advil, if needed.

Objects trapped between teeth - Gently, try using floss to carefully extricate the object. If you are unable to remove the object, see your dental clinician. Remember never to use sharp objects like pins to poke at the wedged object as these instruments can cut the tissues of the gums or scratch up the surface of the tooth.

Abscess - Abscesses are infections that crop up close to the root of a tooth or in the space between the teeth and gums. Abscesses are a serious condition that can impair tissues and surrounding teeth, with the infection maybe spreading to other parts of the body if left untreated.

Because of the serious oral health and general health troubles that may result from an abscess, see your oral health doctor as soon as possible if you discover a pimple-like bulge on your gum that typically is hurting. In the meantime, to reduce the pain and draw the pus toward the exterior, try rinsing your mouth with a mild salt water solution (1/2 teaspoon of salt in eight ounces of water) several times a day.