

Dental Cleaning Penticton

Professional dental cleanings are generally performed by registered oral hygienists and are concluded following your preliminary oral exam. The cleaning treatment is mostly concentrated on eliminating the calculus also known as tartar. Tartar is plaque that has solidified over a lengthy period of time and is at this point securely fixed onto the exterior of the teeth. Tartar develops below and on top of the gumline and can only be taken out with special dental instruments.

The next step is the removal of plaque. The description of plaque is a slim sticky, transparent coating that forms on the exterior of the teeth. It is a colony of living germs, saliva, as well as food debris. The microorganisms aggravate and inflame the periodontal tissues and are a prime indication of gum disease.

The final stage is for your dental hygienist to polish the teeth. Polishing removes surface stains and plaque accruals that have not been removed with your daily brushing program.